Prime For Life

A risk-reduction and education course



Are you making high-risk choices related to alcohol or other drugs?



Is someone in your life concerned about your choices?



Has a judge, probation officer, or lawyer suggested you "take a course" as a result of legal trouble?

Join our 16-hour *Prime for Life* risk-reduction training. You will walk away from this evidence-based program with improved insight regarding your perception of risk.

Prime for life uses a conversational approach and looks at how the choices we make have a ripple effect in our lives. More info at: <u>primeforlife.org</u>

<u>Cost:</u> \$400 for the 16 hrs. This includes the cost of the workbook. Insurance does not of Prime for Life courses.

Telehealth or in-person meeting.

A Certificate of Completion is awarded to those who complete the program

Please call our office @ 207-973-0505 or email Holly Merchant at <u>holly@dirigome.org</u> for more information.